



Region 4 Championships

Trampoline & Tumbling

April 17-19

Old National Events Plaza

Evansville, Indiana

PURPOSE:

The Regional Championships (Levels 1-Elite) will name Regional Champions in age groups for all disciplines. This will also serve as the second and final opportunity to qualify for the Stars & Stripes Championships and USA Gymnastics Championships held in the summer of 2020.

**ELIGIBLE
ATHLETES'**

All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships Levels 1-Elite, HUGS. Please note that all non-U.S. citizens must declare their citizenship prior to competition.

USA Gymnastics Trampoline & Tumbling Region 4

WWW.USAGTTRegioniv.com

DATE: April 17-19, 2020

VENUE: Old National Events Plaza 715 Locust Street Evansville, Indiana 47708

HOST: USA Gymnastics Region Trampoline & Tumbling 4 Board

ENTRY INFO: Levels 1-Sr. Elite (per competitor) \$125.00
HUGS Athletes \$50.00

All entries must be done on the USA Gymnastics Entry System.

You are required to pay for all athletes on your Online Registration as of the entry deadline.

ENTRY DEADLINE: Completed online then postmarked or in the regional office by **March 13, 2020**

FUNDS: Entry fees must be in the form of a **MONEY ORDER.**

MUST BE POSTMARKED BY THE DEADLINE

NO PERSONAL CHECKS, CLUB CHECKS, OR CREDIT CARDS WILL BE ACCEPTED

PAYABLE TO: USA Gymnastics T&T Region 4

MAIL TO: USA Gymnastics Trampoline & Tumbling Region 4

C/O Amber Franke

4316 Charles Court

Hilliard Ohio 43026

For Questions Contact: usagttregioniv@gmail.com (Clubs ONLY, no parents)

LATE ENTRIES: Acceptances of late entries are subject to approval by the Regional Board. Requests must be sent to : Amber Franke usagttregioniv@gmail.com
Entries received after the deadline will be doubled. NO Exceptions. ABSOLUTELY NO entries less than two weeks prior to the competition.

CHANGES: After **March 13, 2020** information may be changed or corrected for a charge of \$25 per correction. If an age or gender is listed incorrectly there will be \$25 per event charge. COACHES WILL RECEIVE A COACHES REPORT NO LATER THAN **APRIL 1, 2020** **THERE WILL BE NO CHANGES ACCEPTED AFTER APRIL 6th.**

REFUNDS: There are NO Refunds after the entry deadline. Medical scratch refund form is available on the Region 4 website. All medical scratches must be requested before the first day of competition.

HOTEL INFO: **Host Hotel Blocks will go live on Monday, February 17th.**

The host hotel will be making a donation per night booked to the Region 4 Scholarship Fund, we strongly encourage teams reserve rooms within the block in order to support our athletes. Please tell the hotel you are with: **USAG REGION 4 CHAMPIONSHIPS**

COACHES: Only coaches who have a current USA Gymnastics Pro or Jr. Pro membership will be issued credentials. Only 2 coaches per team will be issued credentials. **Requests for additional coaches' credentials must be approved by the Meet Director.** Teams with less

than ten athletes need not apply. **All requests must be made by the event deadline of MARCH 13. Any team requesting more than three credentials must have a minimum of 30 athletes attending.**

SCHEDULE: 2020 Region 4 Championships Very Tentative Schedule

	Set-up:	Thursday, April 16 – 4:00 – 9:00 PM
Friday	9:00 am	Event Staff finish any set-up needed
	10:00 am	Check-in open
	11:00 am	Training, Elites Only
	12:00 pm	Training, Levels 8-10
	2:00 pm	Competition Session 1 – Levels 8-9
	6:30 pm	General warm-up for Synchronized Trampoline
	7:00 pm	Competition Session 2 – Synchronized Trampoline
Saturday	8:00 am	Event Staff in building
	8:30 am	Doors open for open stretch
	9:00 am	General Warm-up for Session 3 & 4
	10:00 am	Session 3 & 4 – Levels 8 – Elite
	2:00 pm	Grand March
	2:20 pm	HUGS Competition
	3:00 pm	General Warm-up for Session 4 & 5
	4:00 pm	Session 4 & 5 – Levels 8 – Elite
	9:00 pm	Coaches and Judges Meet & Greet
Sunday	8:00 am	Event Staff in building
	8:30 am	Doors open for open stretch
	9:00 am	General Warm-up for Session 6 – Level 8 only
	9:30 am	Session 6 – Levels 1-8
	12:00 pm	Session 7 – Levels 1-7
	3:00 pm	Session 8 – Levels 1-7
		Awards will be on going for Session 8

The block schedule will be used for all events and will indicate exactly what block of time your athletes will compete. A detailed block schedule and team sheets will be posted for all participating gyms no later than April 1st, 2020.

RULES: **Current** USA Gymnastics Trampoline and Tumbling. Please note that there will be no finals.

COMPETITION EQUIPMENT: 4 – 4 X 4 Eurotramp trampolines with Eurotramp beds and springs
2 – 6 mm Eurotramp Double-mini trampolines
2 – Skakun Original Tumbling Floors
Equipment managed and supplied by Ross Athletics.

VOLUNTEERS: We need your help with volunteers for this competition. We greatly appreciate all your help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. All volunteers will be given a wristband that will allow them access into the competition for that day.

Only professional members are allowed to spot.

Coaches you must be prepared to help with this task.

If you would like to bring additional coaches in order to help with this let me know.

JUDGES: Only judges who meet current USA Gymnastics requirements, will be considered for assignments. Ratings and availability will determine contracts for the Region 4 Championships. Judges must have previously judged at a minimum of 3 sanctioned competitions prior to Regional Championships.

Judging request must be submitted online to Julie Morgan no later than April 1,2020. A link to the judges request for assignment form will be sent to each judge who is currently registered within each state and to the clubs.

SPECIAL RECOGNITION:

The following athletes will be recognized during our opening ceremonies. Coaches, please make sure to notify the Meet Director if you have any athletes who are:

2019 WAG Team Member
2019 World Championships Team Member
2019 Jr or Sr National Team Member
2020 Graduating High School Senior